

A wonderful experience

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Due to working reasons I met the coordinator of the Centro Diurno Psichiatrico of Codigoro, Sig.ra Donatella Rossi. In these center they organize Art Therapy Expressive Laboratory. Donatella asked me to participate to a project to introduce the Pergamena Art to the social workers and to the patients, in their centre.

Without a second thought I accepted and, after having followed the bureaucratic procedure, here I am, at the end of September, ready to do the basic training to the social workers who, after, will collaborate with me during the classes to the patients.

During these trainings, some doubt arose about the possibility to apply all the aspect of this tecnique wit the patients, so we tried to understand what and how to do and, after three lessons, I was, frankly, a lot less convinced, I was lacking certainties and I was full of doubt.

So, in an October morning, I left home with all my doubts and uncertainties, to meet the patients for the first time and, during the route to the center, I was thinking haw to do... I brought several patterns, every pattern had for sure some defect, one was too small, the other too difficult, the third too long to do... well, the only certainty I had was that probably they will not appreciate what I was showing them.

But when I arrived, after having met the people, all my doubts disappear and this wonderful experience began.

The social workers, Alessia and Serenella, prepared for all the patients a small fabric bag will all the tools, the pads and, at the middle of the tables, colours, scissors, glues. And so, the fun began.

ADA PAINTS!

CARLA, VERY PRECISE!

WANDA AND ODELIA embossing and colour!

MARCO... the wizard of the stickers !

THE CREATIONS

After five meetings, after having done so many cards and bookmarks, the 30 of December we say goodbye and we took this group picture with the Doctor Head of the Department.

THANKYOU ADA, CARLA,ODELIA,WANDA, ELISABETH, MARCO, I HAD WONDERFUL DAYS WITH YOU AND YOU DID WONDERFUL JOBS!
WE WILL MEET AGAIN.... HOW MANY THINGS I STILL HAVE TO LEARN FROM YOU..... YOUR PASSION AND YOUR ENTHUSIASM ARE HARD TO FIND AND YOU GAVE TO ME STRONG GRATIFICATIONS!

To see all the pictures click [here](#)